

Why do I attend the Unity Conference?

"To see the SA's and S-Anons together and to hear the stories of people that I don't go to meetings with. Hearing the SA's speak gives me more compassion for them. Hearing other's experience, strength and hope encourages me to keep going when things are hard." ~ Melissa B. S-Anon

"Being a part of this conference shed new light on the importance of unity as a keystone of recovery. Experiencing firsthand the miraculous partnership between the fellowships to create an environment of mutual learning from one another and growth alongside each other bolstered my capacity to live a positive sobriety and humbly practice program principles in all my affairs" ~ Stephen S. SA

"The unity conference has given me a new perspective on many recovery topics I had not thought about before. My recovery has been strengthened as a result of hearing how others worked through their own problems/solutions. Being on the committee the last two years has given me an opportunity to grow individually and I have made new friends along the way that will last a lifetime. Everyone I have worked with has taught me something new and with learning new ideas and ideals, my recovery has benefitted me and my sponsees greatly!" ~ Linda B. S-Anon

"I eagerly go to face-to-face conferences because I am so encouraged fellowshiping with others who not only understand me and what I have gone through in my recovery, but it is a chance to "hear the other side." My compassion and understanding have grown with each speaker that I heard from the other fellowship. (And I also realized that the other fellowship might have their compassion and understanding grow with hearing speakers from MY fellowship!)" ~ Vicki M, S-Anon

"I'm there first for the Newcomer and for awesome Fellowship, for inspiration, and for service opportunities (Speaker, Meeting Leader, Hospitality Chair), and to support other SA's and S-Anons in their recovery." ~ Dick M. SA

"It's a profound experience to become steeped in recovery for an entire weekend. We show up and so does God - and in that space, the sheer number of different experiences I have the privilege of hearing ensures both that my own thoughts, feelings and experiences will be validated (i.e., I am not alone), and suggest new heights I can reach in my own recovery." ~ Stephanie F. SA

"Attending my first in-person Unity Conference last year was a very positive experience. I appreciated the fellowship with other S-Anons and was especially grateful for the couples' meetings, I really received perspective and insight." ~ Jenelle S S-Anon

"The biggest impact for me was hearing the S-Anon shares. It really helped me understand how universal the impact this addiction is on everyone it touches." ~ Tim S. SA

"Our SoCal SA/S-Anon Unity Conference has been a yearly traditional event since 1989. We've come a long way since then, and we are grateful for the S-Anon and SA members who have kept this tradition alive for us. Our UC is a reunion of our Program "family," where we renew old friendships, find new ones, and devote a whole weekend to strengthening our recovery by hearing many voices share their recovery journey. Please join us, whether it be your first UC, or your 31st." ~ Annette H. S-Anon

"I cannot fully convey the impact that the Unity Conference has had on me over the years. It is a weekend of discovery and growth, where my recovery is strengthened with amazing meetings, fantastic speakers, and wonderful fellowship. It is also where I feel, hear, and see the presence of God moving in the lives of the members of both fellowships - building bridges, and healing hearts!" ~ Bradley A. SA